

6 pick a regimen and give it at least eight weeks

Designed so you won't overdry your skin or overlap products, regimens contain ingredients that work synergistically for faster results. **You may find you break out a bit more** at first; all the cleansing and exfoliating brings prior problems to the surface. By eight weeks, you'll have a good gauge of how effective the new routine is.



7 don't touch! (use spot treatments instead)

"Left alone, a pimple usually... Wexler. "If you pick at it, you're... weeks and possible scarring."... a pimple in 24 hours with a cor... reduce swelling with cortison... ice, aspirin, or ibuprofen.



CHANEL P... ACNE TRE... breakouts... calms infl...



SAMPAR PRODIGAL PEN A blend of soothing, antibacterial essential oils that doesn't cause dryness.



KINERASE CLEAR SKIN BLEMISH DISSOLVER This roll-on medication speeds up recovery time and prevents additional blemishes.



PHYSICIANS FORMULA FACE AID SKIN CONTROLLING FACE POWDER IN BEIGE AND GREEN Mattifying, color-correcting powders, with antibacterial ingredients cleverly built in. \$13 EACH, DRUGSTORES



LAURA MERCIER SECRET CAMOUFLAGE Two shades of concealer—a dark one and a lighter one to mix—create an amazingly close match.



BENEFIT GALACTIC SHIELD ACNE MEDICATION BLEMISH CONCEALER This fine-tipped pen is incredibly simple to apply, and the salicylic-acid-packed formula helps heal the pimple.



LUCKY DIGITAL STUDIO

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