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## SHIELD AGAINST UV DAMAGE sunscreen

**HOW IT WORKS** An absolute must for the prevention of premature aging, sunscreen blocks the UVA and UVB infrared rays known to cause wrinkling, sagging, discoloration and sun spots. Look for mineral-based formulas that won't irritate sensitive skin types.

**THE DOCTOR SAYS** "You need to have UVA protection since these are the rays that cause aging," says Dr. Lupo.

FIND IT IN | Peter Thomas Roth Instant Mineral SPF 30



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Instant  
\$30;  
th.com



FIND IT IN | Therapy Systems Coffee Cherry Reparative Treatment \$95; [therapysystems.com](http://therapysystems.com)



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ays Dr. Lupo.

g CoffeeBerry. It's great for  
mature skin, but it may be too heavy for  
someone with active acne."

