



Prevent spots' return with La Roche-Posay Anthelios SPF 40, \$30. It blocks both UVA and UVB rays.



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SKIN OFFENDER

An uneven skin tone

You can blame the sun for the freckles and brown patches most of us consider to be age spots, but there's a bright side: They will respond rapidly to lightening treatments.



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REAL
LIFT
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turbo
booster
powder

48% high-potency topical vitamin
powder
protects skin from environmental

“ Before the peels, I relied on thick concealers to hide my marks, but now I don't even use foundation. ”

Jillian Raju, 23, McLean, Virginia



When the subtle blotches on her face that she'd had from childhood began to darken as she aged, Raju turned to Hema Sundaram, M.D., a dermatologist in Washington, D.C., to even out her tone.

The treatment Dr. Sundaram performed three Vitalize peels, which combine alpha and beta hydroxy acids and retinoic acid, to exfoliate the skin. Darker skin tones such as Raju's can be more tricky to treat: Irritation may increase the risk for excess pigmentation. Dr. Sundaram was able to monitor the peel for optimum results. The result “My skin flaked for a few days, but about one week later, the peeling stopped. My marks were gone after the second treatment,” Raju says. “I feel much more confident now.”

The cost Expect three to six peels (\$150 to \$300 each).